



# NATURAL & HEALTH SUPPLEMENTS PRODUCT

## Prohibited / Banned Ingredients

Prohibited/banned ingredients are ingredients that are not allowed to be included in the formulation of natural products. This include ingredients that fall under the following categories:

- A. Botanicals and botanical ingredients containing scheduled poisons as listed under the Poison Act 1952.
- B. Botanicals and botanical ingredients which are banned due to reported side effects.
- C. Ingredients (botanical and substance from animal source) which are banned due to safety reasons.

For the list of prohibited/banned ingredients, please refer to the DRGD - Appendix 5 - 2.1.3 Prohibited/Banned Ingredients.

## Allowable Claims for Health Supplements

### General or Nutritional Claims

- Definition: General Health Maintenance / Benefits derived from supplementation beyond normal dietary intake
- Example: For energy; Helps to maintain good health
- Established scientific references are required.

### Functional Claims

- Definition: Maintains or enhances the structure or function of the human body, excluding diseaserelated claims
- Example: Vitamin A helps to maintain growth and vision
- Established scientific references are required.
- Fulfillment of quality criteria

### Disease Risk Reductions Claims

- Definition: Significantly altering or reducing a risk factor of a disease or health related condition.
- Example: Helps to reduce the risk of osteoporosis by strengthening the bone.
- Full evaluation (new drug requirements)
- Established scientific references are required.
- Fulfillment of quality criteria

For Health Supplement Claim, please refer to DRGD - Appendix 4 - 4.4 Health Supplement Claim



## Allowable Claims for Natural Product

- Example: To promote good health and wellbeing
- Supported by literature on traditional use
- Excludes 20 diseases outlined in the Medicines Advertisements and Sales Act such as venereal diseases, diabetes, cancer and others

For Natural Product Claim, please refer to DRGD - Appendix 5 - 2.3 Indications

## Guidelines

- Drug Registration Guidance Document (DRGD) can be downloaded from <https://www.npra.gov.my>
- Appendix 4: Guideline on registration of Health Supplements
- Appendix 5: Guideline on registration of Natural Products



## Contact Us

National Pharmaceutical Regulatory Agency (NPRA)  
Lot 36, Jalan Universiti, 46200 Petaling Jaya, Selangor, Malaysia.  
Email: [npra@npra.gov.my](mailto:npra@npra.gov.my)  
Phone: +603-7883 5400  
Fax: +603-7956 2924, +603-7956 7075