



NATIONAL PHARMACEUTICAL
REGULATORY AGENCY
(NPRA)

NATURAL
PRODUCTS
&
HEALTH
SUPPLEMENTS
PRODUCT
REGISTRATION

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IMPORTANCE OF
REGISTRATION OF
NATURAL PRODUCTS
AND HEALTH
SUPPLEMENTS

The Drug Control Authority (DCA) under the Ministry of Health (MOH) is tasked with ensuring the safety and quality of all medicinal products in Malaysia, including natural products and health supplements through product registration, and post-registration activities.



The National
Pharmaceutical
Regulatory Agency
(NPRA) acts as the
secretariat to
the DCA

How are natural products and health supplements regulated by NPRA ?

- Natural products and health supplements must not contain banned ingredients and restricted ingredients must be within allowable limits/doses.
- NPRA requires stringent quality control at all stages of the manufacturing process until the final product is produced in line with international Good Manufacturing Practice (GMP) standards.

- Laboratory testing performed by NPRA include testing to ensure that the content of heavy metals do not exceed the safe limits, screening of adulterants/contaminants in certain products and microbiological testing to ensure that contamination with harmful bacteria and fungus is within acceptable limits.



Eg. of products adulterated with sex stimulants



Cth. produk yang dicampurpalsu dengan ubat pengurangan berat badan

- Once the product is registered, NPRA actively conducts post marketing surveillance to ensure continued compliance of registered products with registration requirements, handling of product quality complaints and monitoring and handling of adverse drug reaction reports from the public.
- In Malaysia, adverse effects of registered products are reported to the Malaysian Adverse Drug Reaction Advisory Committee (MADRAC), NPRA, MOH.

In summary, registration of natural products and health supplements by the Drug Control Authority (DCA) is crucial to ensure that the products are safe to be used by the public and are of acceptable quality.