

NATIONAL PHARMACEUTICAL REGULATORY AGENCY (NPRA)



## SANITIZER

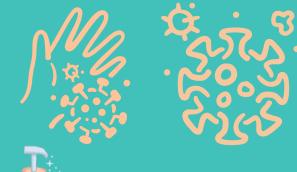
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Email: npra@npra.gov.my Website: www.npra.gov.my Hand Sanitizer is used for general hand hygiene.



Hand sanitizer in the form of liquid, gel and foam cannot be used to clean hands as it only acts by killing germs on the skin to reduce the spreading of germs.





Consumers are encouraged to use hand sanitizers that contain at least 60% alcohol.

For dirty or greasy hands, wash with soap and water instead.



Consumers are advised to only use hand sanitizers when soap and water is not available.

Handwashing with soap and with the correct technique for at least 20 seconds is an effective way to maintain good hygiene as it helps to remove dirt and germs



## WHEN TO WASH HANDS







After handling food waste

After using the toilet





After blowing your nose

After coming into contact with soil, grease and dirt





## DO'S & DONT'S



- If you get hand sanitizer in your eyes, rinse your eyes thoroughly with water as soon as possible.
- Store hand sanitizers in a dry and safe place.
- For alcohol based hand sanitizer, please avoid storing in the car.



- Do not wipe off or rinse the hand sanitizer before it's dry as it may not work in killing the germs.
- Alcohol-based hand sanitizer should not be used to clean surfaces. Alcohol-based hand sanitizer is not designed to clean or disinfect surfaces.

https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/hand-sanitizer.html https://www.fda.gov/consumers/consumer-updates/safely-using-hand-sanitizer http://www.myhealth.gov.my